

## BISHOP HOGAN'S WELLNESS POLICY

Bishop Hogan recognizes the relationship between student well-being and student achievement as well as the importance of a comprehensive school wellness program. Therefore, we will provide developmentally appropriate nutrition and physical activity each school day.

Bishop Hogan will be following the school lunch meal pattern program set by DESE for our school lunches.

We will be providing nutrition and physical education in all grades K-8. Students will not be allowed access to the vending machine during school hours 8am to 3:15pm.

For classroom parties we ask that parents bring healthy snacks and drink items to ensure our students are following the DESE guidelines for snacks in our school.

Our children are our top priority, to ensure that our students maintain a healthy life-style our staff will follow the Healthy Standards set by the Dioceses of KC-St. Joseph and DESE.